

# Aspire

Indiana Health

WHOLE HEALTH FOR YOUR WHOLE FAMILY

## SERVING YOUTH WITH INTENSE NEEDS

Indiana has several programs which allow families of youth with serious emotional problems to receive extra help in their homes while the youth continues to live in their community.



Some families have difficulty accessing sufficient help because their insurance doesn't cover the high level of mental health services needed. Through a unique partnership between the Department of Child Services and the Division of Mental Health and Addiction, the Children's Mental Health Initiative (CMHI) provides Wraparound support that supplements insurance, or provides support when there is no insurance.

For a family that has Medicaid and whose child qualifies, Wraparound is available through another program, the Children's Mental Health Wraparound (CMHW). A youth who qualifies for the CMHW program prior to their 18th birthday could receive services for a year, or through their 19th birthday.

## HOW WRAPAROUND CAN HELP

Wraparound is designed to combine formal supports such as therapy, life skills, medication management, etc., with natural supports in the home and community. Natural supports may include extended family,

friends, pastors, neighbors and others involved with the family.

A Wraparound Facilitator will provide intense care coordination with the family to develop a Child and family team and an individualized Plan of Care. The family and their team will also develop a crisis plan to make sure they have steps to take to prevent and respond to an emergency or crisis. As the team adjusts the plan, the Wraparound Facilitator will link the family with resources and monitor how things are working. Upon becoming eligible for wraparound, the wrap team will meet monthly in order to support the needs of the youth and family. The team will discover ways to use their strengths and skills to achieve positive outcomes.

*All individuals pictured in photos are posed by models.*

## WHO IS ELIGIBLE?

The child/youth must be at least age six (6) and under age 18.

The child/youth must have a high level of need for intense services. In technical terms that means the youth is experiencing significant emotional and/or functional impairments that impact his/her level of functioning at home or in the community.

The youth cannot have a primary diagnosis of ADHD, substance abuse, or Autism Spectrum.

The child cannot be eligible for services through the Bureau of Developmental Disabilities Services.

## HOW TO ACCESS WRAPAROUND

The State of Indiana has agreements with the community Access Sites around the state. The Access Site serves as a clearinghouse to determine eligibility for Wraparound as well as other intensive mental health services. Aspire serves as the Access Site for Hamilton,

Madison and Boone Counties. Community members, schools, judges, parents, prosecutors, DCS, public defenders, anyone, can refer a child to the Access Site.

The Access Site will contact the family and secure authorization to determine the youth's eligibility for one of the Wraparound programs. If the youth qualifies, the Access Site will make arrangements for a Wraparound Facilitator to assist the family going forward. If the youth does not qualify for a Wraparound program, the Access Site will assist by making connections with other community resources that might benefit the youth and family.

## CONTACT US:

Boone County .....2-1-1

Hamilton County .....2-1-1

Madison County .....2-1-1